

SUBSTANCE ABUSE RESOURCES:

San Diego Access/Referral Line - Alcohol & Drug Info/Rehab 800-479-3339

OUTPATIENT DETOX:

Volunteers of America, 101 16th St., SD (alcohol + rehab) 619-232-3150
CRC : Heroin/Opiate Detox (San Diego) 619-283-7228
McAllister Institute Detox (La Mesa) 619-442-0277
McAllister Institute Detox (Oceanside) 760-721-2781
Choices in Recovery (Vista) (alcohol/opiate + rehab) 760-945-5290
Capalina Clinic (San Marcos) (heroin) 760-744-2104
VA Hospital Drug and Alcohol Program, (La Jolla) 858-552-8585

INPATIENT DETOX (Out patient rehab available after discharge):

Scripps McDonald's Center (La Jolla) 858-626-4300
• Sharp Mesa Vista Hospital (Kearny Mesa) 858-278-4110 ✓
• Sharp Vista Pacifica (Linda Vista) 858-637-6920
• Aurora Hospital (Rancho Bernardo) 858-675-4227 ✓

OUTPATIENT REHAB:

CRASH Recovery Center (San Diego) 619-233-8054
MHS Mid-Coast Recovery Center, (San Diego) 619-523-8121
Stepping Stone (Hillcrest) (gay community focus) 619-295-3995
ECS South Bay Recovery Center, (Chula Vista) 619-691-8164
MHS North Inland Recovery Center, (Escondido) 760-741-7708
MHS Family Recovery Center, (Oceanside) 760-439-6702
MITE North Coastal Recovery Center, (Oceanside) 760-721-2781

DUAL DIAGNOSIS PROGRAMS (Recovery and Mental Health):

Scripps Dual Diagnosis Evening Program (Hillcrest) 619-260-7297
UCSD Co-Occurring Disease Program (Hillcrest) 619-543-7625

RESIDENTIAL REHAB:

Co-Ed: Alpha of San Diego (multiple locations) 619-542-1877
CRASH (San Diego) 619-233-8054
Salvation Army ARC (San Diego) 619-239-4037
Veteran's Village (San Diego) 619-497-0142
Men: San Diego Rescue Mission 120 Elm St., SD (Christian program) 619-819-1885
Pathfinders (San Diego) 619-239-7370
Alpha Project (Vista) work program 760-630-9922
Freedom Ranch (Campo) 619-478-5696
Women: Crossroads (San Diego) 619-296-1151
San Diego Rescue Mission, 120 Elm St., SD (Christian program) 619-687-3720
Kiva House (Lemon Grove) 619-466-9274
Salvation Army Door of Hope (Kearny Mesa) 858-279-1100

SOBER LIVING: Usually need income for this housing.

Sober Living Homes Association (SAFE House) 858-483-5866
San Diego Sober Living Coalition Hotline 619-828-2001

SELF HELP:

Alcoholics Anonymous 619-265-8762 / 760-758-2514
Narcotics Anonymous 619-584-1007 / 800-479-0062
Alanon/Alateen 619-296-2666

6/30/11